

| Tenue Nr. | Vorname | Name | Geburtsdatum | Grösse cm | Gewicht kg | Position | Nationalität | Länderspiele A-Nationalmannschaft (30.6.2009) |
|-----------|----------------|---------------------|-----------------|-----------|------------|----------|--------------|---|
| 1 | Martin | Pramuk | 14.03.76 | 193 | 82 | TW | SVK | 44 |
| 12 | Matthias | Baur | 12.01.88 | 186 | 88 | TW | D | |
| | <i>Simon</i> | <i>Kindle</i> | <i>13.12.92</i> | | | | | |
| 3 | Valentin | Bay | 26.03.88 | 185 | 83 | RM | CH | |
| 6 | Mathias | Kasapidis | 20.08.86 | 190 | 102 | RL | CH | |
| 7 | Alexander | Mierzwa | 04.06.74 | 186 | 86 | FL/RM | D | 14 |
| 10 | Martin | Kovar | 22.01.77 | 182 | 99 | RM | CZE | 50 |
| 11 | Marco | Kurth | 12.03.83 | 188 | 88 | FR/RR | CH | 107 |
| 14 | Dusan | Tomic | 02.04.80 | 191 | 89 | RR | SER | 12 |
| 15 | Mike | Kipili | 22.03.84 | 186 | 84 | RL/M/FL | CH | |
| 20 | Erich | Studer | 02.02.80 | 198 | 100 | K | CH | |
| 21 | Oliver | Scheuner | 04.02.85 | 182 | 80 | FR | CH | 2 |
| 22 | Jun-Hee | Lee | 25.04.76 | 180 | 80 | RM | KOR | 11 |
| 23 | Markus | Krauthoff | 24.11.76 | 195 | 110 | K | D | |
| 24 | Fabian | Müller | 11.10.87 | 178 | 70 | FL | CH | |
| 25 | Ladislav | Tarhai | 24.02.85 | 198 | 98 | RL | SVK | 2 |
| | <i>Severin</i> | <i>Ganz</i> | <i>11.09.90</i> | | | | | |
| | <i>Julian</i> | <i>Graf</i> | <i>30.06.92</i> | | | | | |
| | <i>Silvian</i> | <i>Gut</i> | <i>18.01.90</i> | | | | | |
| | <i>Gaudenz</i> | <i>Huwiler</i> | <i>29.01.90</i> | | | | | |
| | <i>Gregory</i> | <i>von Ballmoos</i> | <i>09.05.91</i> | | | | | |
| T | Adrian | Brüngger | 31.01.76 | | | | CH | |
| AT | Frank | Schädler | 24.09.71 | | | | D | |

kursiv = erweitertes NLA-Kader

Abgänge

| | | |
|---------|----------|--------------------------|
| Severin | Brüngger | Rücktritt |
| Nejc | Hojc | TSV St. Otmar St. Gallen |
| Markus | Haupt | Yellow Winterthur |
| Philipp | Rüeger | Yellow Winterthur |

Zuzüge

| | | |
|----------|-----------|----------------------|
| Markus | Krauthoff | Grasshoppers-Club ZH |
| Mathias | Baur | Rhein-Neckar Löwen |
| Valentin | Bay | Yellow Winterthur |
| Martin | Kovar | Grasshoppers-Club ZH |